

Week Three Homework Assignment

Exercise - Straw

- Insure straw is held completely in lips
 - No air leakage
 - No tension in lips or cheeks
- Place tip of tongue behind lower front teeth
- Exhale into the liquid keeping the bubbles at a constant height
- Then vocalizing through the straw, run through recorded five note scales entitled: Enrichment 5-note Everyone [found in the “Exercises/Videos” section of this site]
 - Pinch your nose. If your sound alters, make sure you are singing through the straw not humming.
- We are reinforcing
 - Controlled exhale
 - Eliminating any tendency to become louder as you go up the scale

Exercise - Straw

- Sing through the straw with the tip submersed in water
 - Keep the bubbles at a constant height.
- Hum *Love Me Tender* along with the recorded version
 - “Love Me Tender Unison” found in the “Exercises/Audio” section
- Try to feel the vibrations around your lips, nose and eyes

Exercise - Resonance

- It is important to find the proper placement of your sound in your mouth.
 - This will maximize the resonance and fullness in your voice.
- Sing ‘ah’ as far back in your throat as you can.
 - Feel how choked off the sound is
- Sing ‘ah’ as nasally and as far forward as you can.
 - Notice how thin and reedy it sounds
- Sing about halfway in between the above steps.
 - This should feel like the ‘ah’ is coming from the back of where your top teeth meet your gums.
 - This singing in the middle is called ‘Chiaroscuro’ from the Italian for light and dark.

Exercise - Warm up Scales -

- It is time to experiment with intervals between notes
 - Songs are not usually written with one note right next to the other
 - The melody often jumps over several notes.
 - The distance between these notes is called an interval
 - It is another aspect of training your voice to form the note you hear.
- Choose the video exercise entitled: “Enrichment Solfège Scale Plus”
 - Located in the “Exercises/Video” section of this site
 - Do your best to match each pitch

Exercise - Pitch

- Using Chromatic Tuner app and digital (or real) keyboard,
 - pick a single note,
 - sing 'ah'
 - try to match the pitch using the tuner to check your accuracy.
- While holding the note with your voice,
 - discontinue playing the note on the keyboard.
 - After a couple of seconds of singing the note, play the note again to see how closely you match.
 - If necessary, adjust your pitch and play the note again.
 - Continue until you match
- Pick another note and repeat the exercise.

Exercise

- Read "[A Powerful Way To Learn](#)"
 - Found in the "Exercises/Documents" section of this site
- Select your appropriate Voice Part Learning Track for *Love Me Tender* and apply above
 - Try singing along with several of the Voice part-only tracks to find the one that is most comfortable
 - Located in the "Exercises/Audio" section of this site
 - Once chosen
 - Use your Voice part-only track- not the part-predominant tracks for this exercise.

Sing for Fun

You worked enough for today. Why not try to match pitch with selected ballads featured in the "Sing Alongs" section.